
AMAZON JUNGLE EXPERIENCE (4 DAYS) - LIMA



COUNTRIES VISITED: PERU

HIGHLIGHTS

- Explore the Amazon Jungle - taking guided walks and view the exotic wildlife by land or river
- Search for caiman and river otters on the Amazon river banks
- Learning about the rich flora of the region, medicinal plants, toxic plants and mushrooms

INCLUDES

- Transfer from and to the airport of Puerto Maldonado
- Local guides
- River transportation
- Posada Amazonas Ecolodge accommodation (including mosquito nets and bedding)
- Food whilst in the jungle (3 meals daily)
- Tea, coffee & refreshments on arrival
- Entrance fee to the National Reserve of Tambopata
- Full package of activities and excursions, selectable while at the lodge

EXCLUDES

- Flights to and from Puerto Maldonado
- Airport transfers in Lima or Cusco
- Single room supplement of £250 (payable by anyone occupying a single room)
- Visas
- Airport departure taxes
- Alcoholic beverages, soft drinks or bottled water
- Snacks
- Travel Insurance
- Laundry
- Meals not listed in the itinerary
- Tips

ESSENTIAL INFORMATION

FLIGHT INFORMATION

Flights to and from Puerto Maldonado are not included. Latam Airlines operates several flights between Lima and Puerto Maldonado each day, as well as less regular flights from Cusco.

You may take any of these but we recommend aiming for an early morning flight to Puerto Maldonado to make the most of your time in the jungle. You can book these flights independently via online flight search engines such as www.skyscanner.net or www.ebookers.co.uk, flights can also be booked direct with airline websites or through travel agencies. Alternatively please contact us for assistance.

PASSPORTS

Your passport must be valid for at least 6 months AFTER your trip finishes. This is a general requirement for all of the countries we travel to on our trips.

If you have dual nationality you can only use one passport for the entire trip. It is your responsibility to ensure you have all the relevant visas you require.

VISAS

The information below is to be used only as a guide and may change without prior notice. It is advisable to contact the relevant embassy in plenty of time before the trip departs to check the current visa requirements. It is **your responsibility** to ensure you have all the relevant visas you require.

Visas must be paid for in USD cash ONLY.

On arrival to countries in South America, you will be given an 'Immigration card'. It is important that you keep this with your passport during your entire stay in the particular country as it is needed for departure. Failure to produce this immigration slip can result in a fine.

Transiting via the USA - Travellers who are flying to South America via the US will require either a US visa or for certain nationalities an Electronic System for Travel Authorization (ESTA) to take advantage of the visa waiver programme. These can be processed and paid for [here](#).

If you have travelled to Iran, Iraq, Sudan, Syria, Libya, Somalia or Yemen since March 2011 you will not qualify for the ESTA and must apply for a visa.

It is very important you establish your ESTA eligibility and have the correct documentation before departing, as if you do not have the right authorisation upon checking in at the airport you may not be permitted to travel.

For more information on other nationalities & visas checkout www.projectvisa.com

Peru

Passport Holders from UK, Ireland, Australia, New Zealand, USA, Canada and most EU countries will not require a visa to enter Peru.

Passport Holders from other countries, will need to check the current visa requirements with the relevant consulate, and whether you need to obtain the visa in advance.

Inca Trek – you will need to provide your passport details to apply for your Inca trekking permit, please enter these correctly on your booking form. If you are intending on renewing your passport then please let us know at the point of booking. In order to trek you will need to be in possession of both your passport and your permit – and the passport details have to match otherwise the permit issuing authorities will not let you trek.

VACCINATIONS AND HEALTH

It is possible that you may require some vaccinations for your trip, depending on the areas that you are visiting. As we are not medically trained, we are unable to give detailed advice on vaccination requirements, so please use the information below as a guide only. We have worked closely with **Nomad Travel Clinics** for many years and they offer Oasis travellers a **10% discount** on vaccinations, anti-malarial drugs, first aid items, clothing and equipment, just enter discount code OASIS1000 at www.nomadtravel.co.uk. Alternatively you can check out the [fit for travel website](#) for more travel health information or consult a reputable travel clinic or your GP for information and advice. We suggest that you allow at least 8 weeks to get all your vaccinations.

Yellow Fever - Being vaccinated against Yellow Fever and having a valid certificate and a photocopy is deemed compulsory in many countries we visit, especially at certain borders and are needed if you are entering from an infected country. You can view a list of countries requiring a certificate through the World Health organisation http://www.who.int/ith/ITH_country_list.pdf

Rabies - Vaccinations are regularly recommended for some of the countries that we travel through - especially if time and money are not a deterrent.

Malaria - Malaria risk is low throughout the year in Ecuador and Peru in areas below 1500m including coastal provinces.

Medical advice however should be taken particularly if you are visiting the jungle in Ecuador or Lima. For more information visit www.nomadtravel.co.uk or www.fitfortravel.scot.nhs.uk

Dengue - Unlike the malaria mosquito, which bites at night, the dengue carrying mosquito bites during the day. Some areas we travel to do have occasional outbreaks & it is therefore advised that you take care not to be bitten during the day as well as at night. There is no vaccine available.

Health - To join our trips you should be in good general health. Your medical insurance company must be told if you have any pre-existing medical condition / allergy or if you are on any regular medication, otherwise you may not be covered under your policies for these. Our crew will need to know of any medication or conditions you may have. For general health advice log onto www.nathnac.org/travel/

TRAVEL INSURANCE

It is a compulsory requirement that you have adequate travel insurance before you join any Oasis Trip & at the very least are insured for all necessary medical & repatriation costs incurred.

You will be asked to provide the following details in [My Oasis Account](#) if you have not already done so: travel insurance name, insurance policy number & insurance emergency telephone number. You will also be required to give a copy of your policy with this information to your Tour Leader on arrival with confirmation that the policy duration is sufficient to cover you for the entire duration of your trip. It is also wise to leave a copy of your insurance policy with a friend or relative for safe keeping.

We believe that your safety and holiday enjoyment are very important. It is a mistake to think that "it will never happen to me". It is also very important that you are covered for all the activities that you may wish to undertake while on our trip. It is extremely important that you check the full extent of your cover related to 24 hour Medical Emergency Assistance. In the event of you needing medical treatment you want to know that you have the best cover available to you. Your policy should include adequate Medical Emergency and Repatriation cover as well as Cancellation, Baggage and Personal Liability cover. You need to be aware of EXACTLY what activities your policy covers you for. Please note that skiing is not usually covered in most insurance policies.

We offer tailor made Overland Adventure Travel Insurance that covers most of the adventure and sporting activities on our trips.

For further information on the insurance we offer, the activities covered and costs, check out the [Travel Insurance](#) section of our website. You can purchase our insurance by logging into [My Oasis Account](#) and click 'Buy Insurance' or through the following [link](#).

MONEY, BUDGETS AND LP

Spending Money

From past trips and traveller feedback US\$50 to US\$150 per week should cover costs such as, soft drinks and beers, email & communications, souvenirs and other general spending. Personal spending habits & budgets differ greatly from person to person. Budget on visa costs and optional activities/park entrances/taxes separately (see visa section above & optional excursions page).

How to bring your currency?

Past Oasis travellers have fed back that they have felt, as a general rule it is best to bring your money in a combination of cash US dollars, pre-paid travel currency cards and/or debit/credit cards.

Make sure that all your notes are in good condition. Old, torn or marked notes are often refused by the banks and shops. Please ensure your notes are dated post 2006 and do not have a serial number starting with CB. When buying US Dollars before you travel it is best to ask for clean notes with no tears or markings. It can be difficult using US\$100 bills in Peru so if possible, bring US\$50 bills for these countries.

Please also remember that Visas, where required, need to be paid for in US dollars cash only.

Credit & Debit Cards

If you are intending using your credit or debit card, we suggest taking more than one card with you as you may find that your card is not accepted in the first ATM you try. For credit and debit cards Visa is best. Mastercard and American Express are generally not accepted throughout South America. We recommend that you inform your bank that you will be using your card abroad to avoid it being blocked.

Pre-Paid Travel Currency Cards

These cards are similar to normal Credit and Debit cards but they can be pre loaded with cash before you travel with a set amount allowing you to withdraw this cash using the card at normal ATMs. It is a more secure way to access cash on your trip, but again do not rely on these as your sole means of funds on a trip - (please refer to the ATM section). Several banks and companies now offer these cards, but be sure to look into the rates for withdrawing cash when making your decision. When using these cards abroad you will use them to withdraw the local currency from an ATM and not the

currency that you loaded onto the card.

Tipping

Tipping in South America is customary and often expected, and local attitudes towards tipping are different to what we are used to in the West. It is often more than a reward for services well done but as wages are extremely low, it is an accepted means of supplementing an income. As a general rule, tipping around 10% of the total bill in restaurants is a good guide, and the same amounts usually apply for activities and excursions.

Once requested your add-on cannot be refunded or exchanged.

Please be aware that up to 2 months before your departure, the cost of the Amazon Jungle Experience may change, due to currency fluctuations and/or price increases by the national park, local operators or government taxes.

If you have any questions or would like more information then please contact southamerica@oasisoverland.co.uk

PHOTOGRAPHY AND ELECTRICAL EQUIPMENT

Cameras (incl. Digital & Video Cameras) - An easy to use 'point and press' will get you some good photos. For memorable shots, it may be worthwhile investing in an SLR camera, but be sure to get some practice in before the trip! Most towns and cities have internet cafes where you can download onto CD/internet sites - but don't rely on it.

Photography - Be aware of your surroundings when taking photographs and filming. Some locations will be sensitive or have local laws banning photography. For example it is usually forbidden to use cameras at borders or around government buildings, military installations, bridges and airports or to take photos of local officials. If you do take photos or film where it is not permitted you may find yourself being questioned by irate officials who may decide to confiscate your camera or instruct you to delete all the images/footage on your device. If in doubt ask for permission, or if there is no-one to ask use some common sense.

Drones - As the use of drones becomes more common, countries throughout the world are gradually updating their laws and restrictions on usage. The specific regulations will vary from one country to another, so do check the UK Foreign and Commonwealth Office advice for the latest information. As with cameras, use your common sense if you do use a drone and avoid operation in sensitive areas. If you plan to bring a drone on your trip with us please contact us first to ensure there will be a suitable place to store it while on your trip.

Electrical charging & power supply - It may be difficult to find a power source for charging at times, so a spare battery is a must. Log onto www.whatplug.net for information regarding the different electrical plugs and voltage used in each country.

RESPONSIBLE TRAVEL

Before you go

- Remove unnecessary packaging before you go - waste disposal facilities are often stretched or non-existent in the places we visit. To avoid unnecessary pollution of local water supplies take environmentally friendly toiletries with you.
- Why not invest in a wind-up or solar-powered torch or media player before you travel or at least rechargeable batteries.
- Learn some of the local language and read up on the local history/culture before you go. You'll get so much more out of your trip.
- Why not pack some pens/pencils exercise books in your rucksack and they can be donated to a local school or project while you're away. You can also purchase these items cheaply, locally which will help local businesses.
- Take a sturdy water bottle with you from home that you can re-use throughout your trip. We carry large quantities of purified water with us on our Expedition vehicles and it is much better for the environment if you drink this, rather than purchase bottled water along the way. (It also saves you money).
- Water-to-Go: Oasis Overland have partnered with Water-to-Go to help reduce the number of plastic water bottles consumed during a trip. Water-to-Go is a filtration system that eliminates over 99.9% of all microbiological contaminants including viruses, bacteria, chemicals and heavy metals from any non-salt water source. Click [here](#) and enter the code OASIS15 to purchase your [Water-to-Go](#) products at 15% discount. Water-to-Go will then donate a further 15% to Oasis Overland Charity projects.

While you're travelling

From experience gained in running trips, we have developed our own practical and manageable environmental policy which all of our crew practice on the trips we operate, and they will share this information with you at the start of your trip. We welcome your input on this, plus any new ideas you may have, to improve our existing procedures. As a guide here's a few tips to bear in mind.

- Don't waste water. It is a scarce resource in many of the places our trips visit. On all our Ultimate and Overland Expeditions we carry large quantities of purified water with us. We encourage you to refill your own water bottles from this supply, rather than purchase bottled water along the way - much more environmentally friendly and saves you money.
- Never buy endangered species or endangered habitat products. Apart from the fact of it being illegal it also encourages the trade to continue.
- Look after and preserve the areas we visit. Be careful about stepping on coral reefs or trekking on undesignated tracks.
- Buy locally made crafts and products helping to support the local economy.

- Don't feel when bargaining that you have to get the cheapest price possible just for the sake of it. Pay what the item is worth to you & don't worry about what someone else has paid.
- Try the local food and drinks - this will help to support local farmers and food sellers. Sitting in a local cafe is also a great way to meet local people.
- Dispose of litter appropriately on your trip. This includes cigarette butts. Not only does litter look unsightly it can be lethal to wildlife.
- Where any toilet facilities exist, however unsavoury they might seem to you, they should be used. Where they do not, always bury your waste and make sure it is never near (at least 30m) a water source.
- When game viewing do not encourage your guides to get too close to the wildlife so that their natural behaviour is impeded.
- Respect local customs, traditions and beliefs of the people in the different regions that you travel through.
- Do not take photos of people, ritual events or special places unless you have asked first. Dress appropriately according to local codes and show respect around religious festivals.
- Recycling is almost non-existent in many of the areas and countries we visit - we do the best we can with limited resources & space on our vehicles.
- For books dedicated to travelling more responsibly & ethically see: www.tourismconcern.org.uk

Community Projects - Oasis are active in raising awareness and providing support to a number of projects and local schools where we believe we can make a positive difference. More information on the [projects we support](#).

WHAT TO EXPECT

LIFE ON THE ROAD

Accommodation - The lodge is built from traditional materials such as wood, palm fronds and clay. Each room has a private bathroom, and a common area for dining and socializing. Bedrooms are separated from one another by light cane fencing, with drapes instead of doors. Rooms are private but not soundproof. A generator is turned on once a day to recharge batteries for guests or lodge facilities. At night it is very dark, so we recommend taking a head torch. Light is provided by numerous kerosene lamps and candles. All rooms have mosquito nets over the beds. The bedrooms open out onto the surrounding rainforest, allowing guests to enjoy this unique ecosystem even on their downtime, with wild animals, including monkeys, often visible from the lodge. Hot water is available.

Guide - You will have an English-speaking Guide who will join you on the various walks and be on hand to answer your questions.

Meals - Food is included whilst in the jungle, but you will need to pay for drinks.

Vegetarians / Vegans / Coeliacs / Gluten & Lactose intolerance - Your Crew will always do their best to cater for any dietary requirement or intolerance whenever possible. However they cannot cater for

fussy eaters. It must be remembered that the variety of dishes available to vegetarians may not be the same as available to meat eaters. If there is anything in particular you require in your diet or because of an allergy or would miss from home, it would be best to bring these with you.

Remember that when eating out in local restaurants & hotels that vegetarianism or food allergies / intolerances, are still not widely known about or understood by many local people. i.e Vegetarians or Vegans will often be offered fish or chicken in error. Most large towns and cities, or areas used to tourists, will often have more choice but please be aware that it will probably not be as varied as you are used to when eating out at home.

Itinerary - Please note the itinerary above is to be used as a guide and can be customised based on your preferences and availability when you get to the lodge.

TRIP ITINERARY

Oxbow Lake, Canopy Tower, Amazon Crop Farm Visit, Ethnobotanical Tour

Wildlife in the Amazon takes advantage of cool period during the first daylight hours, and so do we. So there will be some activities that our guides encourage you to make very early in the morning (it's well worth the effort of getting up early for these). Activities available include:

Tres Chimbadas Oxbow Lake Visit - We will paddle around the lake on a canoe or a catamaran, looking for lakeside wildlife such as hoatzin, caiman and horned screamers, hoping to see the resident family of giant river otters which are often seen here (the otters are most active from sunrise to 8 or 9am and seen by around 60% of lake visitors). You will also be rewarded with overhead sightings of macaws.

Canopy Tower - A thirty-minute walk leads to the 25 meter scaffolding canopy tower. The tower has been built upon high ground, therefore increasing your horizon of the continuous primary forest extending out towards the Tambopata National Reserve. From here views of mixed species canopy flocks as well as toucans, macaws and raptors are likely.

Farm Visit - Five minutes downriver from the lodge lies a farm owned and managed by charismatic Don Manuel from the neighbouring community of Condénado. He grows a variety of popular and unknown Amazon crops - just about every plant and tree you see serves a purpose.

Ethnobotanical Tour - Along this trail we will find a variety of plants and trees that are used by the local population with at least the same variety of purposes.

Tambopata National Reserve Lectures - Regular lectures cover conservation threats, opportunities and projects in the Tambopata National Reserve.

(Breakfast, Lunch & Dinner included)

Puerto Maldonado to Jungle Lodge. Afternoon Canopy Tower

Today you will need to fly from either Lima or Cusco to the town of Puerto Maldonado, on the edge of the Tambopata - Candamo Reserve. Please contact us if you need assistance with flights.

On arrival at Puerto Maldonado airport we will meet you and transfer you from the airport by bus and boat to the Posada Amazonas ecolodge. While enjoying your first taste of the forest you will be asked to pack only the necessary gear for your next few days, and leave the rest at the safe deposit. This helps to keep the boats and cargo light.

You will then drive 20 kilometers to the Tambopata River Port, entering the Native Community of Infierno before taking the river and travelling by boat to the lodge.

Orientation upon arrival, the lodge manager will welcome you and brief you with important navigation and security tips.

This afternoon join a first group hiking leads to the 40-meter scaffolding **Canopy Tower**. A banister staircase running through the middle provides safe access to the platforms above. From atop you obtain spectacular views of the vast expanses of standing forest cut by the Tambopata River winding through the middle. Now and then toucans, parrots or macaws are seen flying against the horizon, or mixed species canopy flocks land in the treetop next to you.

(Lunch & Dinner included)

Parrot Clay Lick, Brazil Nut Trail, Mammal Clay Lick, Night walk

Parrot Clay Lick - From a blind you will see parrots and parakeets descend on most clear days to ingest the clay on a bank. Species such as Dusky headed and Cobalt winged Parakeet usually descend. With luck we will also see some or all of the following species in the early morning rush: Mealy and Yellow-crowned Amazons, Blue-headed Pionus, Severe macaw and Orange-cheeled (Barraband`s) Parrot. We visit the lick at dawn, when parrots are most active or in mid-morning or early afternoon, when they are active.

Brazil Nut Trail and Camp - A few minutes hike from the lodge is a beautiful old growth patch of Brazil Nut forest that has been harvested for decades (if not centuries) where the precarious remains of a camp used two months a year by Brazil Nut gatherers can still be experienced. We will be demonstrating the whole process of the rain forest's only sustainably harvested product from collection through transportation to drying.

Mammal Clay Lick - Twenty minutes walking from your lodge is a peccary clay lick. These wild rain forest pigs show up in herds of five to twenty individuals to eat clay in the late morning. Chances of spotting them are around 15%, but well worth the short hike. Other wildlife also shows up including deer, guan and parakeets.

Night walk - You will have the option of hiking out at night, when most of the mammals are active but difficult to see. Easier to find are frogs with shapes and sounds as bizarre as their natural histories.

(Breakfast, Lunch & Dinner included)

Return to Puerto Maldonado

We retrace our river and road journey back to Puerto Maldonado. Depending on airline schedules, this may require dawn departures. You will then board your flight back to Lima or Cusco.

(Breakfast included)

OPTIONAL EXCURSIONS

Optional Excursions are paid for on the day and organised during your trip, so you can decide whilst travelling which activity you may want to do. Prices listed are only a guide and may be dependant on fluctuating exchange rates and minimum numbers. Please see below for more details.

There are currently no optional excursions listed for this trip. Please contact us for the latest information.

We feel that having optional excursions gives a greater degree of flexibility and independence to our group members; independence to decide how much your spending budget can afford; flexibility to decide when and what time of day or with whom to visit a particular site, rather than for example, with the whole group at a pre-ordained time.

You pay for the optional excursions to the local operator, ensuring the money stays with that operator in the local community and this ensures as well, that you are paying the true price for any optional excursions you want to do. This also applies to accommodation costs before and after the trip. Please note that the prices of optional excursions quoted are approximate as local prices can and do change. Please see the relevant trip page for the Optional excursions you can do on that trip and a list of prices.

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