

# AMMAN to AMMAN (6 days) Jordan Express



**COUNTRIES VISITED: JORDAN**

## INCLUDES

- Accommodation for 4 nights in 4-star hotels (upgrades are available)
- One night in a comfortable Bedouin camp in Wadi Rum
- All transport and transfers in AC vehicles
- 4x4 Bedouin jeep safari in Wadi Rum
- Dead Sea Overnight Stay
- Amman Food Tasting Experience
- Visit the Wild Jordan Centre supporting sustainability
- 24-hour airport arrival & departure transfer service
- Services of a specialist tour guide for all sightseeing tours
- Meals as indicated in the itinerary (5 breakfasts, 1 dinner)

## EXCLUDES

- International flights (available on request)
- Travel insurance (compulsory)
- Jordan visa & site entrance fees (see notes on the Jordan Pass - 70JD)

- Meals not indicated in the itinerary
- Drinks, snacks, tips and other personal expenses (e.g. laundry)
- Any other items not mentioned above

## TRIP ITINERARY

### DAYS 1 ARRIVE IN AMMAN. HOTEL TRANSFERS INCLUDED

Once you've landed at the airport, we'll be there to meet you and transfer you to your hotel in Jordan's bustling capital city of Amman. After helping you check in and pointing you to any local shops, cafes or restaurants, you're free to explore Amman independently before our sightseeing starts tomorrow.

Overnight: Amman 4-star hotel

### DAYS 2 EXPLORE ANCIENT JERASH AND AMMAN, STREET FOOD EXPERIENCE & EVENING VISIT TO THE WILD JORDAN CENTRE

We begin our day travelling north from Amman to the nearby city of Jerash, home to one of the largest and best-preserved examples of Roman architecture outside of Italy. Often called the 'Jewel of the North', Jerash reveals an unbroken history of human settlement stretching back over 6,500 years. Hidden beneath sand for centuries, extensive excavations and restorations over the last 70 years have uncovered a remarkable example of the grand, formal Roman provincial urbanism typical throughout the Middle East.

Upon returning to Amman in the afternoon, we explore Jordan's capital, famously known as the 'white city' due to its abundance of white limestone buildings. Amman's history spans millennia, with archaeological work uncovering remains from the Neolithic period through the Hellenistic, late Roman, and Arab Islamic eras. Our tour includes the Citadel, the historic site of the Temple of Hercules, the Umayyad Palace, and the Byzantine Church. We will also visit the impressive 6,000-seat Roman Theatre, dating back to when the city was known as Philadelphia.

Following our exploration of the historical sites, we delve into the vibrant atmosphere of Downtown Amman with a street food tasting experience. You'll have the chance to sample local delicacies, which typically include sweet Kunefa, refreshing Sugar Cane Juice, and savoury Falafel, though specific offerings may vary based on availability during our visit.

Afterwards, there will be time to return to the hotel to refresh before our evening activity. To conclude our day, we'll enjoy an evening visit to the Wild Jordan Centre. This unique establishment is not only a fantastic spot to relax but also plays a crucial role in supporting Jordan's natural heritage and local communities. It serves as a hub for the Royal Society for the Conservation of Nature's ecotourism and handicraft projects, promoting sustainability by generating income for rural communities living in and around Jordan's nature reserves and aiding conservation efforts. For those who would prefer a more relaxed evening, you are welcome to remain at the hotel instead.

*(Breakfast)*

Overnight: Amman 4-star hotel

### DAYS 3 KINGS HIGHWAY TO PETRA WITH STOPS IN MADABA, MOUNT NEBO & SHOBAK CASTLE. OPTIONAL PETRA BY NIGHT OR COOKERY CLASS

We leave Amman behind us today as we drive along the scenic King's Highway towards Petra. The drive itself is beautiful, crossing deep wadis, passing through olive groves, and navigating remote rural villages, offering you a unique insight into the daily lives of the local people.

Our first stop will be at Madaba, where we visit the Greek Orthodox Church of St. George, famed for its remarkable 6th-century Byzantine mosaic map depicting the Holy Land and other biblical sites. Next, we'll venture up Mount Nebo, a significant viewpoint offering breathtaking panoramic views over the Jordan Valley towards the Holy Land.

We'll hit the road once more, this time crossing the stunning Wadi al-Mujib gorge. The route winds through olive groves before climbing over the deep canyon until we reach Shobak Castle. Perched dramatically on a mountainside, Shobak is another impressive example of the Crusader castles built during the early 12th century to guard the vital trade routes between Egypt and Damascus.

Upon arrival in Petra, we'll check into our hotel. This evening offers two optional activities for you to choose from. You could opt for a magical first glimpse of Petra with the atmospheric Petra by Candlelight experience, walking through the Siq canyon to see the iconic Treasury illuminated solely by hundreds of candles. Alternatively, food enthusiasts might enjoy participating in a hands-on cooking class at the renowned Petra Kitchen, learning the secrets of preparing traditional Jordanian dishes. Please note that pre-booking is essential for the Petra Kitchen experience as it is very popular and spaces are limited.

*(Breakfast)*

Overnight: Petra 4-star hotel

## **DAYS 4 FULL DAY EXPLORATION OF PETRA, CAMPING UNDERNEATH THE STARS IN WADI RUM**

Today is all about exploring the Nabataean site of Petra. It was once the ancient capital of the Nabataean commercial empire until the Romans finally took over in 106 AD. For a long period, Petra was forgotten – except by the local Bedouins – before it was rediscovered in 1812 by Swiss explorer Johann Ludwig Burckhardt. Petra is found at the edge of the Wadi Araba desert, where canyon walls and towering hills make it virtually inaccessible, except via a narrow cleft in the rock known as the Siq. There are very few free-standing buildings in Petra, as the Nabataeans chose to carve their dwellings into the multicoloured sandstone cliffs. Petra has become one of Jordan's main tourist attractions.

We have most of the day available today to explore this ancient city (a 2-3 hour guided tour, then free time to explore independently). We start by making our way through the Siq, which rises to 200 metres above us and narrows to just 2 metres wide in certain sections. Keep an eye out for the ancient Nabataean water channel still visible on one wall, and remnants of the terracotta pipes that brought water into the city are also present. We'll turn a corner and suddenly – one of the most familiar sights of Petra will be in front of you – The Khazneh (Treasury) comes into view. Our guide will explain how this, and the other buildings here, are mainly elaborate facades carved into the rock from the top down, and also discuss the spiritual significance of the building style.

From the Treasury, the valley opens out, and you'll see tombs carved into the rock on both sides. You'll get a glimpse of the ruined Roman amphitheatre and colonnaded streets. During your free time, you can walk up a steep and narrow winding gorge to the towering 'Monastery' – which is 50 metres high and 45 metres wide, providing breathtaking views of the Wadi Araba desert and the Jordan Valley. Another climb takes you to the High Place of Sacrifice and the Lion Fountain. All in all, this is a full and tiring, but hugely rewarding, day touring one of the world's most famous ancient sites.

Walking distances today are an absolute minimum of 3km through the Siq to the Treasury and back, plus distance to see a few tombs; 8km to take the trail on as far as the main basin; plus an additional few km to the Monastery and back (over 800 steps up and down). For those with less mobility or who are worried about the distance golf buggies are available for around 25 USD per person one way 40 USD per person round trip to take you on the 1.2km journey through the Siq to the Treasury and back again at an agreed time. Horse carriages are also available but we recommend against using these due to animal welfare reasons.

Later in the afternoon, we leave Petra and drive into the spectacular desert scenery of Wadi Rum. Whilst staying in Wadi Rum, several optional activities are available to enhance your desert experience, such as taking a traditional camel ride through the sand dunes, soaring above the landscape on a hot air balloon flight (typically at dawn, weather permitting), or enjoying an adventurous desert quad biking excursion. Upon arrival at our camp, friendly Bedouin hosts will greet us at our comfortable site, nestled beneath towering rocks and cliffs. We spend the evening relaxing at the camp and enjoying a delicious traditional Jordanian meal. As night falls and the stars emerge, there is also an option to join a captivating astronomy experience, taking advantage of Wadi Rum's exceptionally clear desert skies and unique vantage point to

observe stars, constellations, and planets in incredible detail.

*(Breakfast, Dinner)*

Overnight: Wadi Rum Bedouin camp

## **DAYS 5 WADI RUM JEEP SAFARI AND OVERNIGHT STAY AT THE DEAD SEA (OPTIONAL EXCURSION TO WADI MUJIB)**

We start the day early, exploring the beautiful desert and mountain scenery of Wadi Rum. Keep an eye out for the copper-coloured rocky 'jebels', which mesmerised T.E. Lawrence during his visits to the desert during the Arab Revolt and were later famed in the movie Lawrence of Arabia. We'll take a jeep safari through the stunning desert landscape, seeing more of the sheer cliffs and bizarre, weathered rock formations.

We say goodbye to Wadi Rum later in the morning and head north towards the Dead Sea, one of the planet's most spectacular natural and spiritual landscapes. Not only is it the lowest point on Earth, at approximately 400 metres below sea level, but it's also filled with dramatic, natural wonders.

The Dead Sea is fed by numerous rivers, including the River Jordan. Once the waters reach the Dead Sea, they are land-locked with no outlet, so they evaporate under the intense desert sun. This process leaves behind a dense, rich cocktail of salts and minerals, renowned worldwide and supplying the cosmetics, agriculture, and medicine industries with some of their finest raw products.

The Dead Sea is flanked by mountains to the east and the rolling hills towards Jerusalem to the west, giving it an almost otherworldly beauty. Although sparsely populated and serenely quiet now, the area is believed by some to have been home to five Biblical cities: Sodom, Gomorrah, Admah, Zeboiim, and Zoar (Bela).

Upon arrival at our hotel located on the shores of the Dead Sea, we will check in for our overnight stay. You'll have plenty of time this afternoon and the following morning to fully experience the buoyant waters, perhaps indulge in the therapeutic Dead Sea mud treatments, or enjoy other spa therapies available at the hotel. Normal swimming is near impossible; it's much easier (and certainly more photogenic!) simply to float effortlessly on the surface. Remember to avoid splashing water into your eyes, as the high salt concentration will cause stinging.

For the adventurous, and typically during the summer months (usually April to October, subject to local conditions and opening times), an optional excursion to the nearby Wadi Mujib Nature Reserve is available, offering a chance for an exciting siq trek through water-filled canyons.

*(Breakfast)*

Overnight: Dead Sea 4-star hotel

## **DAYS 6 FREE TIME IN AMMAN. AIRPORT TRANSFER INCLUDED**

You have the day free to catch up on some last-minute sightseeing or shopping in Amman before your departure flight. Alternatively, you may wish to take one of several optional day trips. These include a full day tour to the Baptism site at Bethany and Ajloun Castle, a trip to Pella and Umm Qai or a tour of the 'Desert Castles'.

We can also arrange a transfer to Tel Aviv either by flight or overland for people wanting to connect this tour with one of our Israel tours. Finally, we can also fly you to Cairo to join one of our Egypt tours. Please ask us for full details and we'll be delighted to help plan an extension to your tour.

*(Breakfast)*

Overnight: N/A

## ESSENTIAL INFORMATION ABOUT YOUR TRIP

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### ARRIVAL & ACCOMMODATION

**Trip Joining Point:** La Casa Hotel - Amman

**Start Time Day 1:** You can arrive into Amman at any time on day 1 - hotel check-in is from 2pm.

**Address:** Natfeh Street, Amman, Jordan

**Website:** <https://www.lacasaamman.com/>

**\*Please note that the above hotel is subject to change, we will confirm the final tour starting point approximately 2 weeks prior to departure.**

All prices listed are approximate and subject to limited availability.

| Room Type   | Price  | Description        |
|-------------|--------|--------------------|
| Single      | £79.00 | Per Room, En-suite |
| Double/Twin | £98.00 | Per Room, En-suite |

**The trip starts in Amman on day 1. Day 1 is set aside for arrivals and you can arrive at any time on day 1. The hotel check-in time is from 2pm onwards.**

### PRE-TRIP ACCOMMODATION:

You can pre-book accommodation and your included airport transfers through us. We will require your flight number, arrival time, and arrival date so please ensure this information is forwarded to us as soon as you have booked your flight. Please book this service as soon as you have booked your flight and no later than 3 weeks prior to departure. If you have booked through a travel agent, please contact them to request pre-trip accommodation and airport transfers.

Where extra nights are required, your airport transfer is only included on your pre/post-tour day if the extra night is also booked with Oasis Overland.

Double, twin, and triple rooms will be provided subject to availability, where requested. However when not available we may need to book other rooming arrangements, and will fit these as closely as possible to your request. Those travelling solo will be put in shared rooms to reduce the costs to them if this option is available, where a same sex room share cannot be arranged, the single room supplement will be payable.

If you are arriving early in the morning and you would like to check in immediately, you may have to reserve your room for the previous night to ensure direct check in, otherwise you may have to wait until normal check in times (usually 2pm).

### AIRPORT TRANSFERS:

**Airport Arrival and Departure Transfers are included** in the cost of your adventure (provided you request these via the UK office or your account 3 weeks before your departure).

You will be met next to Starbucks in the arrivals hall of Amman airport, after you have been through passport control, collected your luggage and been through the final security check point. We strongly

recommend you obtain a Jordan Pass before you leave home as this provides a free entry visa and discounted entrance fees in Jordan. Make sure you have printed your Jordan Pass out and show it at the immigration desk with your passport to obtain your visa. Our representative will be holding an Encounters Travel signboard or have your names displayed. Please look out for them and introduce yourself. Our rep will then drive you to your hotel. Please call the numbers above if you do not find them straight away.

## POST TRIP ACCOMMODATION AND AIRPORT TRANSFERS

Post-trip accommodation can be requested and booked by the Oasis Office before your trip commences, please email [info@oasisoverland.co.uk](mailto:info@oasisoverland.co.uk). Airport transfers are included on the final day of your tour or on post-tour days if your accommodation is also booked via Oasis Overland.

## FLIGHT INFORMATION

Day 1 in your departure city, is an arrivals day. For your convenience we would advise that you arrive at the latest, on the afternoon of this day, though as no activities are planned for this day, you can arrive at any time. You may wish to allow some extra time to explore your arrival and departure cities.

Departing flights: You can leave Amman at any time on the final day of your tour.

There are many online flight search engines such as [www.skyscanner.net](http://www.skyscanner.net) or [www.ebookers.co.uk](http://www.ebookers.co.uk) flights can also be booked direct with airline websites or through travel agencies. Please inform us of your flight details through your online account, as airport transfers can be arranged for various trips.

**One way ticket:** If you intend to travel on a one way ticket to meet up with one of our trips, without possessing an onward flight ticket - we recommend that you have a copy of your payment confirmation/receipt (that you will be sent at time of your balance payment) available at immigration to assist easy entry.

## PASSPORTS

Your passport must be valid for at least 6 months AFTER your trip finishes. This is a general requirement for all of the countries we travel to on our trips.

If you have dual nationality you can only use one passport for the entire trip. It is your responsibility to ensure you have all the relevant visas you require.

## VISAS

### Jordan

Passport holders from the UK, Ireland, Australia, New Zealand, USA, Canada, South Africa and most EU countries can obtain the visa on arrival in Jordan. The visa costs 40 JOD and is valid for 30 days.

**Overland Tours** - we will apply for a Jordan Wanderer Pass for anyone travelling through Jordan on an overland tour. This pass includes your entry visa as well as entrance fees to many sites in Jordan. We will email you the relevant details before your trip departs. Please make sure you print this information before travelling; if you forget it and have to buy another visa at the border, it will be at your own cost.

**Small Group & Family Tours** - Passports should be valid for at least six months after your departure from the country. Please do not bring an almost full or almost expired passport. Visa arrangements are the responsibility of the traveller, and requirements are subject to change by the local authorities.

To promote tourism to the country, the Jordanian government has designed the Jordan Pass. This provides adults of most nationalities with a free single entry Jordan visa (for stays of 3 nights or more), a discounted package of entrance fees, and free digital brochures for the various sites in Jordan. Please check the Jordan Pass tour note for more information.



Double or multi entry visas for Jordan are no longer available and you will need to arrange two visas if you are doing a combination tour (eg. with Egypt and/or Israel) that visits Jordan more than once. Exceptions may occur if you are crossing to and from Israel via the King Hussein Bridge - please contact us for details.

If you wish to arrange your visa separately in advance, or if your stay will be shorter than four days/3 nights, then a visa fee of 40JD (approx. USD 57) will be due.

Families with children under 12 are recommended not to purchase the Jordan Pass for the children as entrance fees are not charged in Jordan for children under 12. Instead, the adults should purchase a Jordan Pass and we will arrange a free visa for the children which you will receive when we meet you on arrival into Amman airport.

Other nationalities may require a visa prior to arrival and to obtain this in advance, please contact your local Jordanian embassy or consulate or a visa agency for details. In addition, if you plan to enter Jordan via the southern Wadi Araba crossing (Eilat-Aqaba) or the Allenby Bridge/King Hussein border with Israel in the north, you will need to obtain your Jordan visa in advance as these are not available on arrival at the border.

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### **VACCINATIONS AND HEALTH**

It is possible that you may require some vaccinations for your trip, depending on the areas that you are visiting. As we are not medically trained, we are unable to give detailed advice on vaccination requirements. We have worked closely with **Nomad Travel Clinics** for many years and they offer Oasis

travellers a **10% discount** on vaccinations, anti- malarial drugs, first aid items, clothing and equipment, just enter discount code OASIS1000 at [www.nomadtravel.co.uk](http://www.nomadtravel.co.uk). Alternatively you can check out the [fit for travel website](#) for more travel health information or consult a reputable travel clinic or your GP for information and advice. We suggest that you allow at least 8 weeks to get all your vaccinations.

**Health** - To join our trips you should be in good general health. Your medical insurance company must be told if you have any pre-existing medical condition / allergy or if you are on any regular medication, otherwise you may not be covered under your policies for these. Our crew will need to know of any medication or conditions you may have. For general health advice log onto [www.nathnac.org/travel/](http://www.nathnac.org/travel/)

## TRAVEL INSURANCE

It is a compulsory requirement that you have adequate travel insurance before you join any Oasis Trip & at the very least are insured for all necessary medical & repatriation costs incurred.

You will be asked to provide the following details in [My Oasis Account](#) if you have not already done so: travel insurance name, insurance policy number & insurance emergency telephone number. You will also be required to give a copy of your policy with this information to your Tour Leader on arrival with confirmation that the policy duration is sufficient to cover you for the entire duration of your trip. It is also wise to leave a copy of your insurance policy with a friend or relative for safe keeping.

We believe that your safety and holiday enjoyment are very important. It is a mistake to think that "it will never happen to me". It is also very important that you are covered for all the activities that you may wish to undertake while on our trip. It is extremely important that you check the full extent of your cover related to 24 hour Medical Emergency Assistance. In the event of you needing medical treatment you want to know that you have the best cover available to you. Your policy should include adequate Medical Emergency and Repatriation cover as well as Cancellation, Baggage and Personal Liability cover. You need to be aware of EXACTLY what activities your policy covers you for. Please note that skiing is not usually covered in most insurance policies.

We offer tailor made Overland Adventure Travel Insurance that covers most of the adventure and sporting activities on our trips.

For further information on the insurance we offer, the activities covered and costs, check out the [Travel Insurance](#) section of our website. You can purchase our insurance by logging into [My Oasis Account](#) and click 'Buy Insurance' or through the following [link](#).

## MONEY, BUDGETS AND LP

### Spending Money

From past trips and travellers feedback £20 to £30 per day per person, should cover costs such as meals not included, soft drinks and beers, email & communications, souvenirs and other general spending. Personal spending habits & budgets differ greatly from person to person. Budget on optional activities separately (see optional excursions page). Please bring cash in Euros / GBP£ / US\$ to exchange once in Jordanian Dinar or use the ATM's in the main cities.

### Changing money

Change your money only at banks, hotels, airports or forex bureaux. It is illegal to change money on the street, as these people will normally be opportunistic thieves or undercover police. Your crew will advise you where & when you can change money & with what means. It is also a good idea to have a small CASH emergency fund, to allow for the unexpected.

### Credit & Debit Cards

A combination of several types are suggested as not all types are accepted in all places. Visa & Maestro are best, MasterCard has limited access through parts of Jordan, but is generally accepted in ATMs. We recommend that you inform your bank that you will be using your card abroad to avoid it being blocked.



Please see the optional excursions page for activities that can be paid for using a Credit or Debit Card. Commission rates vary between 2 to 5%.

### Pre-Paid Travel Currency Cards

These cards are similar to normal Credit and Debit cards but they can be pre loaded with cash before you travel with a set amount allowing you to withdraw this cash using the card at normal ATMs. It is a more secure way to access cash on your trip and easier to use than travellers cheques, but again do not rely on these as your sole means of funds on a trip - (please refer to the ATM section). Several banks and companies now offer these cards, but be sure to look into the rates for withdrawing cash when making your decision.

### ATMs

These are available in most major cities along our route and allow you to withdraw local currency only. We discourage you from relying on your ATM card as a primary source of funds in case it is lost/stolen/ swallowed, or the machine isn't working. Besides memorising your PIN, it is also important to be aware of your daily withdrawal limit and bank withdrawal costs.

### Tipping Jordan:

Tipping for services provided is part of the local culture in Jordan, is often expected, and will be very gratefully received. While the amount you tip is subject to your satisfaction with the services provided and your personal budget, we are often asked for help and guidelines and can therefore suggest that you allow approx.:

Tour guides: US\$8-10 per person per day

Drivers: US\$3-5 per person per day

Restaurants: 10% or leave the change

Petra horse boys: US\$2-5 (we recommend against riding the horses for animal welfare and safety concerns, but the boys may still expect a tip USD 10-15 per person per day would be appropriate.

### ENTRANCE FEES

The tour price does not include entrance fees to the sites visited on the tour.

**Jordan:** We strongly recommend that you purchase a **Jordan Pass** prior to your travel to Jordan. This is a special package that has been designed by the Jordanian Ministry of Tourism and Antiquities for tourists visiting Jordan. As well as including a discounted package of entrance fees covering all the sites in Jordan that you will visit on this tour (plus many others), the Jordan Pass also provides free downloadable digital brochures on each attraction, plus a free tourist visa for entering the country (40JD if obtained on arrival in Jordan). It also allows us to speed up our entry to each site as if everyone has the Jordan Pass we won't need to queue for tickets.

A handful of sites that we visit on our tours are not covered by the Jordan Pass (eg. Mt. Nebo, St. George's Church at Madaba, and the Shawmuri & Azraq Reserves), so to keep things simple for you while you are in Jordan, where these are visited in our itineraries, the entry fees are included in your tour price. If you visit any other sites not covered by the Jordan Pass during your free time or on additional tours you arrange while in Jordan, you will need to pay the entrance fee at the site.

The cost for the **Jordan Wanderer Pass** which is suitable for all our tours which visit Petra on one day is JD70 (approx. US\$99). You should also check if your tour visits the Baptism Site at Bethany and if it does, add on the supplement for this site (an extra JD8, discounted from the JD12 payable at the site). Passes are available by completing a simple online form before you travel, taking care to make sure your passport details are entered correctly as this doubles as your visa application. Your Jordan Pass will then be emailed to you as a pdf document, which you should print out and bring with you. You will then need to show this print out at the immigration desk on arrival in Jordan to obtain your free entry visa, and also at each attraction where it will be scanned to confirm your entry. [Obtain your Jordan Pass here](#)

If you do not obtain the Jordan Pass before arriving in Jordan, you will need to pay the entry fees when you

arrive at each site and also pay JD40 for your Jordan visa when you enter the country (or arrange your visa in advance).

[More information about the Jordan Pass.](#)

## WHAT TO TAKE

### Equipment

- Sleeping Bag - recommended for trips departing Oct-April when staying onboard the Nile Felucca
- Small day-pack or small bag to carry daily items
- Soft rucksack, holdall or suitcase
- Water bottle - for personal use - we recommend Water-to-Go (see below Responsible Travel)

### Toiletries - Most available to buy on trip

- Soap, shampoo, toothbrush/paste, antibacterial hand wash, lip balm & moisturiser
- Sun block 35 + after sun, hat & sun glasses
- Tampons (can buy in most places)
- Contraception

### Clothes

- One pair of trainers or boots
- Sandals/flip flops/jandals/thongs
- Underwear/socks
- T shirts/shirts
- Shorts/swimwear
- Jeans/trousers/jog pants/leggings
- Skirt or dress
- Sweat shirt/jumper
- Jacket/fleece & waterproof jacket

### Personal Effects

- Camera with protective case, spare batteries, film/memory card
- Torch and spare batteries (head torch is best)
- Travel adaptor plug/charger (for cameras and mobile phone batteries)
- Money belt
- Personal stereo - iPod/MP3 etc
- Towel and/or sarong

### Recommended Medical Kit List

- Antiseptic ointment/
- Antihistamine cream & tablets
- Nurofen or equivalent pain-killer
- Eye-drops/ bath
- Anti-diarrhoea treatment
- A couple of bandages (elasticated & triangular)
- Medication for personal allergies/ asthma etc
- Insect repellent containing Deet
- Re-hydration sachets/vitamin tablets
- Assorted plasters
- Some suitable antibiotics as recommended by your doctor for infected cuts or to treat severe dysentery
- We advise you to bring a small personal medical kit for general everyday use, as well as any personal over-the-counter medicines that you may wish to keep with you. Our guides are familiar with the nearest pharmacies, doctors and hospitals throughout the trip if you need to seek medical attention. It will be your own responsibility to carry your medical kit on included excursions and optional activities as some local operators may not have medical kits to hand.

## PHOTOGRAPHY AND ELECTRICAL EQUIPMENT

**Cameras (incl. Digital & Video Cameras)** - An easy to use 'point and press' will get you some good photos. For memorable shots, it may be worthwhile investing in an SLR camera, but be sure to get some practice in before the trip! Most towns and cities have internet cafes where you can download onto CD/ internet sites - but don't rely on it.

**Photography** - Be aware of your surroundings when taking photographs and filming. Some locations will be sensitive or have local laws banning photography. For example it is usually forbidden to use cameras at borders or around government buildings, military installations, bridges and airports or to take photos of local officials. If you do take photos or film where it is not permitted you may find yourself being questioned by irate officials who may decide to confiscate your camera or instruct you to delete all the images/footage on your device. If in doubt ask for permission, or if there is no-one to ask use some common sense.

**Drones** - As the use of drones becomes more common, countries throughout the world are gradually updating their laws and restrictions on usage. The specific regulations will vary from one country to another, so do check the UK Foreign and Commonwealth Office advice for the latest information. As with cameras, use your common sense if you do use a drone and avoid operation in sensitive areas. If you plan to bring a drone on your trip with us please contact us first to ensure there will be a suitable place to store it while on your trip.

**Electrical charging & power supply** - It may be difficult to find a power source for charging at times, so a spare battery is a must. Log onto [www.whatplug.net](http://www.whatplug.net) for information regarding the different electrical plugs and voltage used in each country.

## CONTACTING HOME

The internet and WiFi are available in many towns / cities you will visit. Do bear in mind that the connections can be unreliable and will not always be as fast as you are used to at home. If a lot of people try to use the internet at the same time the speed will be slower still, especially if trying to make Skype calls or upload photos / videos. During periods of the trip where we are wild camping, internet will be less common.

Some travellers choose to take an unlocked mobile phone with them and buy local SIM cards or E-Sim in each country, allowing them to use mobile data. If you particularly want or need regular internet access this may be a good option. Telephone calls can be expensive usually £1 to £5 for a three minute call.

**Online Diaries** - A great variety of free "travel blogs" are now available online, they are a good way of keeping relatives and friend up to date with what you are doing and a good place to upload photos, collecting messages as well as keeping a record for yourself.

## RESPONSIBLE TRAVEL

### Before you go

- Remove unnecessary packaging before you go - waste disposal facilities are often stretched or non-existent in the places we visit. To avoid unnecessary pollution of local water supplies take environmentally friendly toiletries with you.
- Why not invest in a wind-up or solar-powered torch or media player before you travel or at least rechargeable batteries.
- Learn some of the local language and read up on the local history/culture before you go. You'll get so much more out of your trip.
- Why not pack some pens/pencils exercise books in your rucksack and they can be donated to a local school or project while you're away. You can also purchase these items cheaply, locally which will help local businesses.
- Take a sturdy water bottle with you from home that you can re-use throughout your trip. We carry large quantities of purified water with us on our Expedition vehicles and it is much better for the environment if you drink this, rather than purchase bottled water along the way. (It also saves you money).
- **Water-to-Go:** Oasis Overland have partnered with Water-to-Go to help reduce the number of plastic water bottles consumed during a trip. Water-to-Go is a filtration system that eliminates over 99.9% of all microbiological contaminants including viruses, bacteria, chemicals and heavy metals from any non-salt water source. [Click here](#) and enter the code OASIS25 to purchase your Water-to-Go products at 25% discount.

### While you're travelling

From experience gained in running trips, we have developed our own practical and manageable environmental policy which all of our crew practice on the trips we operate, and they will share this information with you at the start of your trip. We welcome your input on this, plus any new ideas you may have, to improve our existing procedures. As a guide here's a few tips to bear in mind.

- Don't waste water. It is a scarce resource in many of the places our trips visit. On all our Ultimate and Overland Expeditions we carry large quantities of purified water with us. We encourage you to refill your own water bottles from this supply, rather than purchase bottled water along the way-much more environmentally friendly and saves you money!
- Never buy endangered species or endangered habitat products. Apart from the fact of it being illegal it also encourages the trade to continue.
- Look after and preserve the areas we visit. Be careful about stepping on coral reefs or trekking on undesignated tracks.
- Buy locally made crafts and products helping to support the local economy.
- Don't feel when bargaining that you have to get the cheapest price possible just for the sake of it. Pay what the item is worth to you & don't worry about what someone else has paid.
- Try the local food and drinks - this will help to support local farmers and food sellers. Sitting in a local cafe is also a great way to meet local people.
- Dispose of litter appropriately on your trip. This includes cigarette butts. Not only does litter look unsightly it can be lethal to wildlife.
- Where any toilet facilities exist, however unsavoury they might seem to you, they should be used. Where they do not, always bury your waste and make sure it is never near, (at least 30m) a water source.

- When game viewing do not encourage your guides to get too close to the wildlife so that their natural behaviour is impeded.
- Respect local customs, traditions and beliefs of the people in the different regions that you travel through.
- Do not take photos of people, ritual events or special places unless you have asked first. Dress appropriately according to local codes and show respect around religious festivals.
- Recycling is almost non-existent in many of the areas and countries we visit - we do the best we can with limited resources & space on our vehicles.
- For books dedicated to travelling more responsibly & ethically see: [www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)

## SECURITY

The UK Foreign, Commonwealth and Development Office (FCDO) offer country-specific advice, regarding not only security but also entry regulations, local laws and customs and health. We strongly recommend all travellers visit the FCDO website, or the equivalent in their home country, to familiarise themselves with local conditions and issues in the countries they plan to visit before committing to a trip with us. You can view their website [here](#).

If you have any questions at all about the safety or security of your trip, please do not hesitate to contact us and we will be happy to discuss your trip in more detail.

**In cities** - All major cities have their share of petty crime (just like our cities) and sensible precautions need to be taken. Wearing expensive looking jewellery or watches and carrying cameras will draw unnecessary attention to you. Leave valuables such as passports and excess money in your hotel safe (we recommend carrying a copy of your passport details page at all times). You may find a simple money belt is more discreet than a bag. Always be aware of your surroundings and when approached by people you do not know, use your common sense. At night in cities it's best to use a taxi, rather than walking around the streets, single women in particular need to be careful and we would suggest that it is safer to be in a group.

Oasis does not take responsibility for clients' personal items and we advise you to not take items of value that are not essential for the journey.

## WHAT TO EXPECT

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### LIFE ON THE ROAD

You will be travelling within a group size ranging from 2-18 people, so come with an open mind and ready to make new friends! You will be accompanied on your adventure with an experienced Local English speaking guide. They are knowledgeable and passionate about the history and culture of Jordan.

### Accommodation & Transport

Transport is by minivan and bedouin jeeps whilst in Wadi Rum. We use 4-star hotels along with a night sleeping in a traditional bedouin tent whilst in Wadi Rum. Some hotels even have swimming pools and sun-lounge areas. Temperatures in Jordan are generally high, particularly during the summer months from May to September, so take sunscreen. However in winter temperatures can drop right down in the evenings, but as long as you bring some warm clothing for the night on the in Wadi Rum then you should be more than comfortable.

### Vegetarians / Vegans / Coeliac / Gluten & Lactose intolerance

Our Tour Guides will always do their best to cater for any dietary requirement or intolerance whenever possible. However we don't cater for fussy eaters. It must be remembered that the variety of dishes available may not be the same as available to meat eaters. If there is anything in particular you require in your diet or because of an allergy or would miss from home, it would be best to bring these with you.

Remember that when eating out in local restaurants & hotels sometimes being vegetarian or food allergies / intolerances are still not widely known about or understood by many local people. i.e. Vegetarians or Vegans will often be offered fish or chicken in error. Most large towns and cities, or areas used to tourists, will often have more choice but please be aware that it will probably not be as varied as you are used to when eating out at home.

## Ramadan

Ramadan is the holy Islamic month during which Muslims fast during the day and is based on Lunar months. No food or liquid is allowed to pass a person's lips during daylight hours. Tourists are not expected to fast during this time, but are expected to show respect, by not eating on the streets or in public view etc. Be aware some shops and historical sites may adjust opening times, but this should not significantly affect our itinerary. Hotels and western style pubs we use normally continue to sell alcohol during Ramadan, but general availability may be limited.

People in some regions are generally conservative, especially about matters concerning sex and women. Muslim countries simply are not the place to make a feminist statement. Attitudes range from fairly liberal to fairly conservative in some of the small towns we may pass through. If you are not prepared to fit in with the social code of the area you may be harassed.

Optional Excursions are paid for on the day and organised during your trip, so you can decide whilst travelling which activity you may want to do. Prices listed are only a guide and may be dependant on fluctuating exchange rates and minimum numbers. Please see below for more details.

**Notes downloaded on: 11-08-2025**

